



SENCILLO PULLOVER & TEE

by Kirsten Joel

DESIGN INFORMATION

Sencillo is the Spanish word for “simple,” and this pullover & tee set is delightfully simple with the right amount of thoughtful details to nail that effortless fit. The easy shape, classic v-neck and scoop neck options, and casual drop shoulders combine to create a perfect three-season pullover or tee. Knit in a dk-weight cotton & linen blend, you’ll find yourself reaching for the pullover or tee when you just want to look and feel good.

Sencillo is worked flat in pieces from the bottom up with side slits trimmed in garter stitch. Worked in Stockinette stitch, Sencillo features two neck opening options - a classic v-neck that is the perfect depth for summer and a flirty yet functional scoop neck.

Armhole shaping keeps the drop shoulder seam location consistent across the size range. The drop shoulders are shaped with a sloped bind off, and instructions are provided for optional cup shaping with short rows.

Once the pieces are completed, blocked, and seamed, stitches are picked up around the neckline to work the stockinette stitch neckband. There are cleverly placed decreases in the neckband to keep it from rolling.

The samples are knit with Knit Picks CotLin, a 70% cotton, and 30% linen blend dk-weight yarn perfect for spring, summer, and fall wear. Wear the pullover under a denim jacket for cool spring evening walks, or wear the tee over your favorite pair of jeans or shorts for a summer luncheon.

The Pirouette (Purple) sample features short sleeves, cup one bust shaping, and the scoop neck option. The Swan (White) sample features long sleeves, cup one bust shaping, and the v-neck option.

The Sencillo Pullover & Tee set will be a must-bring wherever you're headed. Please share your progress on Instagram by tagging me @kirstenjoel_designs and using the hashtags #sencillopullover and #sencillotee. I love to see all of your works in progress and finished projects!

SKILL LEVEL



FINISHED MEASUREMENTS

Sizes (1, 2, 3) [4, 5, 6] (7, 8, 9) [10, 11, 12] with Finished Chest Measurements (42.75, 46.25, 50.75) [54.75, 58.25, 62.75] (66.75, 70.25, 74.75) [78.75, 82.25, 86.75]" sized for (26, 30, 34) [38, 42, 46] (50, 54, 58) [62, 66, 70]" / (65, 75, 85) [95, 105, 115] (125, 135, 145) [155, 165, 175] cm actual chest; designed to fit with 16-17" / 40.75 - 43.25 cm positive ease. Both samples are shown in size 3, worn on 34" / 85 cm chest with 16.75" / 42.5 cm positive ease.

CUP SHAPING

Sencillo includes instructions for optional Cup Shaping using short rows. These short rows add additional length of fabric to the front chest to accommodate room for breasts.

Both samples shown are size 3 with Cup 1 shaping.

To choose a cup size, measure the length from the top of your shoulder to under your breast for your front, then measure from the top of your shoulder to the same horizontal level on your back. A helpful measuring point is where your bra band rests.

Subtract the back length from the front length and subtract an additional 2" / 5 cm. Choose a cup size based on your result.

If your result is:

- Less than 1" / 2.5cm; omit the short rows
- 1 - 2.75" / 2.5 - 7cm; work Cup 1 - adds 1.5" / 4cm
- 2.75 - 4" / 7 - 10.25cm; work Cup 2 - adds 2.75" / 7cm
- 4 - 5.5" / 10.25 - 14cm; work Cup 3 - adds 4" / 10.25cm
- 5.5 - 6.75" / 14 - 17.25cm; work Cup 4 - adds 5.5" / 14cm
- More than 6.75" / 17.25cm; work Cup 5 - adds 6.75" / 17.25cm

YARN

Substitution notes: Look for a dk-weight cotton or cotton blend yarn for a look closest to the sample.

Pullover: KnitPicks CotLin - DK weight; 70% Tanguis Cotton / 30% Linen; 123 yards / 50g; photographed in Swan. See *YARDAGE* for more details.

Tee: KnitPicks CotLin - DK weight; 70% Tanguis Cotton / 30% Linen; 123 yards / 50g; photographed in Pirouette. See *YARDAGE* for more details.

YARDAGE

Note: Add the yardage requirements for your selected options together. For example, Size 3 Pullover and tee Body + Short Sleeves + Cup 1 = 812 yards / 123 yards/skein = 6.6 or 7 skeins.

Pullover & Tee Body

Note: The yardage difference between the v-neck and scoop-neck options is minimal. A buffer has been added.

(607, 662, 733) [797, 856, 930] (998, 1060, 1138) [1210, 1276, 1357] yards;
approximately (5, 6, 6) [7, 7, 8] (9, 9, 10) [10, 11, 12] skeins of CotLin.

Short Sleeves

(61, 66, 64) [66, 67, 69] (66, 69, 67) [69, 66, 68] yards

Long Sleeves

(217, 235, 240) [249, 263, 271] (275, 284, 301) [299, 307, 316] yards

Cup Shaping

- Cup 1: (12, 14, 15) [16, 17, 18] (20, 21, 23) [24, 25, 26] yards
- Cup 2: (23, 25, 27) [29, 31, 34] (37, 39, 42) [44, 46, 48] yards
- Cup 3: (33, 36, 40) [42, 46, 49] (54, 57, 61) [64, 67, 70] yards
- Cup 4: (46, 50, 55) [58, 63, 68] (74, 78, 83) [88, 92, 97] yards
- Cup 5: (56, 62, 67) [72, 77, 83] (91, 96, 102) [108, 113, 119] yards

GAUGE

19 sts and 24 rows = 4" / 10cm over Stockinette Stitch with gauge needles, blocked

NEEDLES

US 6 / 4 mm 24"/60cm circular needles, or size to obtain gauge

US 5 / 3.75 mm, or one size smaller than gauge needles, 24" / 60cm circular needles for neckband

TOOLS

Locking stitch markers, waste yarn, tapestry needle, blocking wires, blocking pins

HELPFUL LINKS

For help with the following techniques, visit the following links:

[Swatching](#)

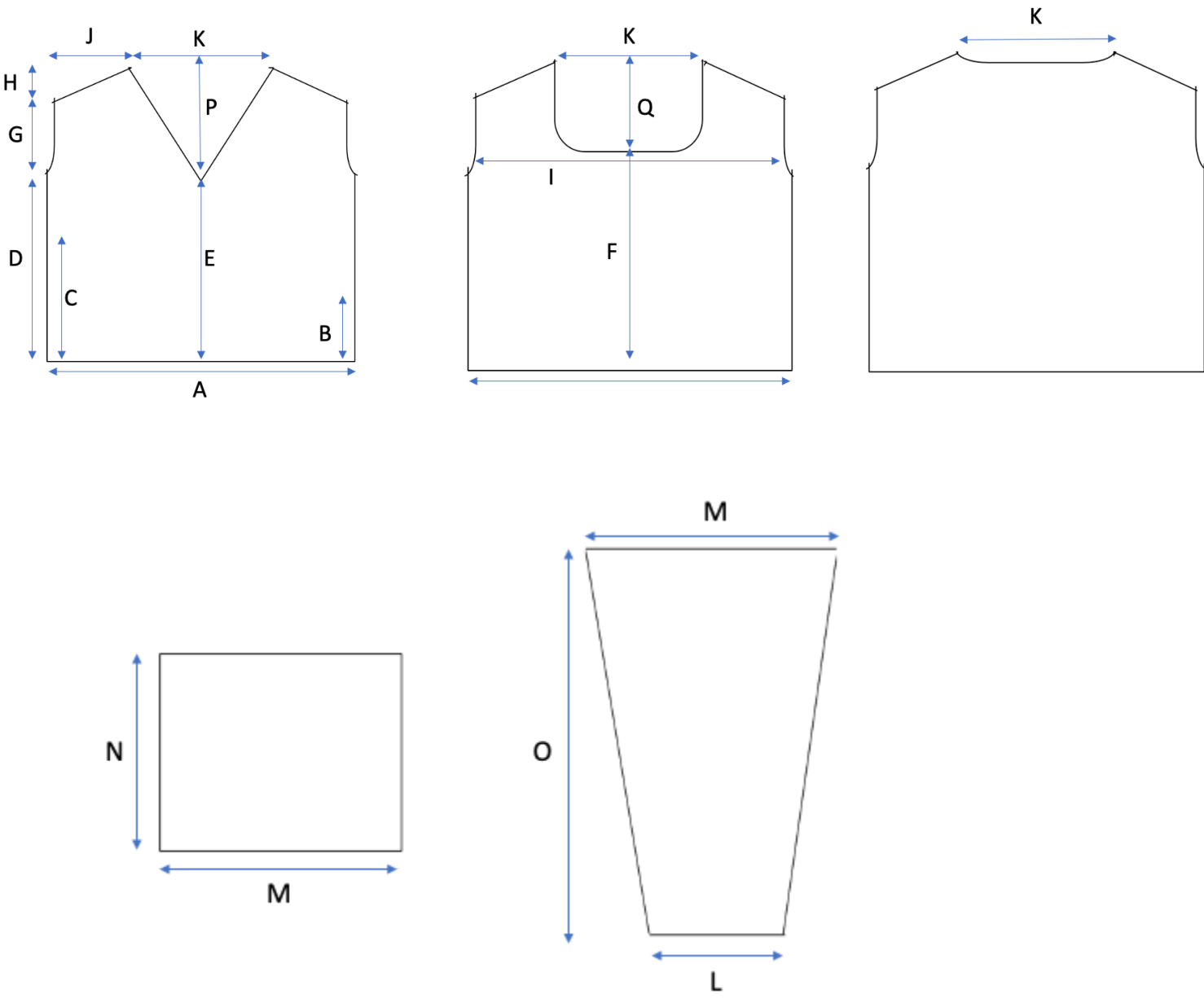
[Blocking](#)

[Picking Up Stitches](#)

[Mattress Stitch](#)

[Sloped Bind Off](#)

SCHEMATIC



SCHEMATIC CHART | INCHES

Size		1	2	3	4	5	6	7	8	9	10	11	12
	Chest Circumference	42.7 5	46.2 5	50.7 5	54.7 5	58.2 5	62.7 5	66.7 5	70.2 5	74.7 5	78.7 5	82.2 5	86.7 5
A	Back	22.0 0	23.7 5	26.0 0	28.0 0	29.7 5	32.0 0	34.0 0	35.7 5	38.0 0	40.0 0	41.75	44.0 0
B	Garter Side Slit	5	5	5	5	5.5	5.5	5.5	6	6	6	6.5	6.5
C	Hem to Cup	13.75	13.25	13.25	13	12.5	12.25	12.25	11.25	10.75	10.25	9.75	9.25
D	Hem to Armhole	15.25	15	15	15	14.75	14.75	14.75	14.75	14.5	14.5	14.5	14.5
E	Hem to V-Neck	14	13.75	13.75	13.75	13.5	13.5	13.5	13.5	13.25	13.25	13.25	13.25
F	Hem to Scoop Neck	16.5	16.25	16.25	16.25	16	16	16	16	15.75	15.75	15.75	15.75
G	Armhole Depth	6	6.5	6.75	7	7.5	7.75	8	8.25	8.75	9	9.25	9.5
H	Shoulder Rise	2	2	2	2	2	2	2	2	2	2	2	2
I	Shoulder to Shoulder	23.5 0	23.7 5	24.2 5	24.7 5	25.0 0	26.0 0	26.5 0	26.7 5	27.2 5	27.7 5	28.0 0	29.0 0
J	Shoulder Width	8.50	8.50	9.00	9.00	9.50	9.50	9.50	10.0 0	10.0 0	10.0 0	10.25	10.25
K	Neck Opening	6.50	6.75	6.25	6.75	6.00	7.00	7.50	6.75	7.25	7.75	7.50	8.50
L	Long Sleeve Wrist	7.25	7.75	8	8.25	8.5	7.75	9.25	9.75	10	10.25	10.75	11
M	Bicep	12	13	13.5	14	15	15.5	16	16.5	17.5	18	18.5	19
N	Short Sleeve Length	4.25	4.25	4	4	3.75	3.75	3.5	3.5	3.25	3.25	3	3
O	Long Sleeve Length	15.25	15.25	15	15	14.75	14.75	14.5	14.5	14.5	14	14	14
P	V-Neck Depth	9.25	9.75	10	10.25	10.75	11	11.25	11.5	12	12.25	12.5	12.75
Q	Scoop Neck Depth	6.75	7.25	7.5	7.75	8.25	8.5	8.75	9	9.5	9.75	10	10.25

SCHEMATIC CHART | CENTIMETERS

Size		1	2	3	4	5	6	7	8	9	10	11	12
	Chest Circumference	108.5	117.5	129	139	148	159.5	169.5	178.5	190	200	209	220.5
A	Back	56	60.5	66	71.25	75.5	81.25	86.5	91	96.5	101.75	106	111.75
B	Garter Side Slit	12.75	12.75	12.75	12.75	14	14	14	15.25	15.25	15.25	16.5	16.5
C	Hem to Cup	35	33.75	33.75	33	31.75	31.25	31.25	28.5	27.5	26	24.75	23.5
D	Hem to Armhole	38.75	38	38	38	37.5	37.5	37.5	37.5	37	37	37	37
E	Hem to V-Neck	35.5	35	35	35	34.25	34.25	34.25	34.25	33.75	33.75	33.75	33.75
F	Hem to Scoop Neck	42	41.25	41.25	41.25	40.75	40.75	40.75	40.75	40	40	40	40
G	Armhole Depth	15.25	16.5	17.25	17.75	19	19.75	20.5	21	22.25	23	23.5	24.25
H	Shoulder Rise	5	5	5	5	5	5	5	5	5	5	5	5
I	Shoulder to Shoulder	59.75	60.5	61.5	63	63.5	66	67.5	68	69.25	70.5	71.25	73.75
J	Shoulder Width	21.5	21.5	23	23	24.25	24.25	24.25	25.5	25.5	25.5	26	26
K	Neck Opening	16.5	17.25	16	17.25	15.25	17.75	19	17.25	18.5	19.5	19	21.5
L	Long Sleeve Wrist	18.5	19.75	20.5	21	21.5	19.75	23.5	24.75	25.5	26	27.5	28
M	Bicep	30.5	33	34.25	35.5	38	39.5	40.75	42	44.5	45.75	47	48.25
N	Short Sleeve Length	10.75	10.75	10.25	10.25	9.5	9.5	9	9	8.25	8.25	7.75	7.75
O	Long Sleeve Length	38.75	38.75	38	38	37.5	37.5	36.75	37	37	35.5	35.5	35.5

SCHEMATIC CHART | CENTIMETERS CONTD...

Size		1	2	3	4	5	6	7	8	9	10	11	12
P	V-Neck Depth	23.5 0	25 0	25.5 0	26 0	27.5 0	28 0	28.7 5	29.2 5	30.4 8	31 0	32 0	32.5 0
Q	Scoop Neck Depth	17 0	18.5 0	19 0	19.75 0	21 0	21.75 0	22.2 5	23 0	24.2 5	25 0	25.5 0	26 0





STITCH PATTERNS

WRITTEN INSTRUCTIONS

German Short Rows

To work German Short Rows, work the stated number of sts, turn your work, and work a DS (Double Stitch).

DS: Slip the last st worked purlwise wyif from the LHN to the RHN. Wrap the yarn from the front over the needle to the back - this will cause the stitch legs to pull up and look like two stitches.

The yarn is in the back of your work, ready to work a knit st. If the next st is a purl st, continue wrapping the yarn, bringing it under and between the needles, like you're ready to work a purl st.

When all short rows are completed, resolve the DS by knitting or purling both legs together as one stitch. *There are no stitch count changes.*

Sloped Bind Off

Work the first bind off row at the edge as usual. One row before the next bind off row, work to the last stitch, and turn.

Slip the first stitch from your left-hand needle knit-wise or purl-wise depending on the stitch pattern, and pass the unworked stitch from the previous row over the slipped stitch. One stitch has been bound off.

Bind off the remaining stitches as usual.

Central Double Decrease: CDD

Slip two stitches together knit-wise.

Knit one stitch.

Pass both slipped stitches over the knit stitch.



ABOUT THE DESIGNER

Originally from Los Angeles, Kirsten moved to Charleston, SC with her husband Jason and quickly planted roots with a group of girlfriends and started her family. She strongly believes in taking moments back for yourself and being intentional about putting yourself first, for you and your craft. Her designs allow you to be present for all of life's little moments and create finished pieces that will quickly become wardrobe staples. She loves working with wool, silk, cotton, and linen in classic, neutral colors.

CREDITS

Tech Editing: Heather Storta

CONTACT

A lot of hard work goes into ensuring these patterns are simple to understand and error-free. If you get stuck, need extra guidance, or think there may be an error, please email hello@kirstenjoel.com, and I will connect with you as soon as I can.

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